

Kohlrabi Slaw

While it looks rather alien-like, kohlrabi is one of the most versatile vegetables around and you can eat both the bulb and the greens! Most recipes refer to the bulb, but you can save the greens and cook them the same way you'd prepare kale or other greens. Some say the bulb tastes like a mix of broccoli and cabbage, others say it tastes like a potato and artichoke heart. You'll see that most recipes say to peel the bulb before cutting and we recommend using a paring knife instead of a peeler for the job... it's faster and easier.

INGREDIENTS

2 cups chopped cabbage
4 kohlrabi bulbs, peeled and grated
2 stalks celery, sliced thin
2 carrots, sliced thin
2 tablespoons minced fresh onion
1/3 cup white sugar
1/2 teaspoon salt
1/8 teaspoon ground black pepper
1/8 teaspoon celery seed
1/2 cup mayonnaise
4 1/2 teaspoons apple cider vinegar

Firing up the oven or grill?

Like most vegetables, kohlrabi can be roasted or grilled with some olive oil or butter and salt and pepper, and even garlic and parmesan or romano cheese if you're into that. Slice it into 1/4 inch slices and bake at 450° or on your grill for 15-20 minutes for a sure-to-please side dish.



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DIRECTIONS

Toss the cabbage, kohlrabi, celery, carrot, and onion together in a large bowl.

Whisk the sugar, salt, pepper, celery seed, mayonnaise, and vinegar together in a separate bowl until smooth; pour over the cabbage mixture and stir to coat evenly.

Chill in refrigerator 1 hour before serving.

Market Shopping List

- Cabbage - 18th C. Purity, Apis Verdi, Blueberry Hill Organics, Bluebird Hill, Colgan, Easy Pickin's, Oxen Hill, Riverview, Wayne's Organic
- Celery - Apis Verdi, Blueberry Hill Organics, Easy Pickin's, Oxen Hill, Riverview, Wayne's Organic
- Garlic - 18th C. Purity, Apis Verdi, Blueberry Hill Organics, CT Valley, Oxen Hill, Riverview, Wayne's Organic
- Kohlrabi - 18th C. Purity, Apis Verdi, Colgan, Easy Pickin's, Oxen Hill, Riverview, Wayne's Organic
- Onions - 18th C. Purity, Apis Verdi, Blueberry Hill Organics, Bluebird Hill, Colgan, CT Valley, Easy Pickin's, Oxen Hill, Riverview, Wayne's Organic
- Seasonings, sugar, apple cider vinegar, mayo - **Highland Park Market of Coventry**

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